

Dublin Juvenile Indoor Championships – How 2 Enter?

Entry Closes Sun 31 Jan 2016. Race Fees €3/Athlete (Max €12/Athlete)

Confirm Your Entry to BlackrockAC@gmail.com

Deposit Race Fees in Competition Box in Clubhouse including Your Name

Open to Registered Athletes from U8's (Born 2008) up to U19's (Born 1998)

DUBLIN COUNTY ATHLETIC BOARD

Indoor JUVENILE Championships – **DAY ONE**

FRIDAY 12.FEB.2016 – **SANTRY STADIUM**

INDOORS

7:00pm

U/15	Boys	Long Jump
U/18	Boys	Long Jump
U/19	Boys	Long Jump
U/16	Boys	Long Jump
U/17	Boys	Long Jump

8:00pm

U/15	Girls	Long Jump
U/18	Girls	Long Jump
U/19	Girls	Long Jump
U/16	Girls	Long Jump
U/17	Girls	Long Jump

7:00pm

U/15	Girls	High Jump
U/16	Girls	High Jump
U/17	Girls	High Jump
U/18	Girls	High Jump
U/19	Girls	High Jump

8:00pm

U/15	Boys	High Jump
U/16	Boys	High Jump
U/17	Boys	High Jump
U/18	Boys	High Jump
U/19	Boys	High Jump

7:00pm

U/15 Girls Shot Putt	2.72K
U/18 Girls Shot Putt	3K
U/19 Girls Shot Putt	4K
U/16 Girls Shot Putt	3K
U/17 Girls Shot Putt	3K

8:00pm

U/15 Boys Shot Putt	3K
U/18 Boys Shot Putt	5K
U/19 Boys Shot Putt	6K
U/16 Boys Shot Putt	4K
U/17 Boys Shot Putt	5K

8.30pm

U/18 Boys Triple Jump
U/19 Boys Triple Jump
U/18 Girls Triple Jump
U/19 Girls Triple Jump

7:00PM OUTDOORS

U16 Girls 1500m
U17 Girls 1500m
U16 Boys 1500m
U17 Boys 1500m
U18 Girls 1500m
U19 Girls 1500m
U18 Boys 1500m
U18 Boys 1500m

Note: Depending on number of athletes, the number of jumps or throws might be reduced on the evening.

All Times are approximate, events could be earlier or later than scheduled.

DUBLIN COUNTY ATHLETIC BOARD
Indoor JUVENILE Championships – DAY TWO
SATURDAY 13.FEB.2016 – SANTRY STADIUM

10am

U/16	Girls	200m
U/16	Boys	200m
U/17	Girls	200m
U/17	Boys	200m
U/18	Girls	200m
U/18	Boys	200m
U/19	Girls	200m
U/19	Boys	200m

11am

U/9	Girls	500m
U/9	Boys	500m
U/10	Girls	500m
U/10	Boys	500m
U/11	Girls	600m
U/11	Boys	600m
U/12	Girls	600m
U/12	Boys	600m
U/13	Girls	600m
U/13	Boys	600m
U/14	Girls	800m
U/14	Boys	800m
U/15	Girls	800m
U/15	Boys	800m
U/16	Girls	800m
U/16	Boys	800m
U/17	Girls	800m
U/17	Boys	800m
U/18	Girls	800m
U/18	Boys	800m
U/19	Girls	800m
U/19	Boys	800m

1pm Walks all ages**2pm Finals of 200m, followed by 600m/800m finals**

If 16 or less competitors in the 500/600/800m these will be run as finals otherwise if there are heats 12 will qualify for the final, first 6 from each semi, or pro rata, if more than two heats and these will take place after the 200m finals. **The U9/10/11's will be decided on times.** If more than 8 in the 200m, the first 3 and 2 fastest will qualify from semi-finals, and if more than 2 heats qualification will be adjusted accordingly.

DUBLIN COUNTY ATHLETIC BOARD
Indoor JUVENILE Championships – DAY TWO
SATURDAY 13.FEB.2016 – SANTRY STADIUM

10am

U/12	Girls	Long Jump
U/13	Boys	Long Jump

11.15 am

U/10	Girls	Long Jump
U/10	Boys	Long Jump

12.30 pm

U/11	Girls	Long Jump
U/11	Boys	Long Jump

1.45 pm

U/12	Boys	Long Jump
U/13	Girls	Long Jump

2.45 pm

U/14	Boys	Long Jump
U/14	Girls	Long Jump

10am

U/12 Boys	High Jump
U/13 Girls	High Jump

11.30am

U/13 Boys	High Jump
U/12 Girls	High Jump

12.45 pm

U/14 Girls	High Jump
U/14 Boys	High Jump

SHOT PUTT**10.00am**

U/14 Girls	Shot Putt	2K
U/13 Girls	Shot Putt	2K

11.00am

U/12 Girls	Shot Putt	2K
U/12 Boys	Shot Putt	2K

12.15 pm

U/13 Boys	Shot Putt	2K
U/14 Boys	Shot Putt	2.72K

Please note – U10's and U11's will have three jumps only and U10's can jump anywhere from the sand.

All Times are approximate, events could be earlier or later than scheduled

Athletes are advised to be there 1 hr in advance of competition

DUBLIN COUNTY ATHLETIC BOARD
Indoor JUVENILE Championships – DAY THREE
SUNDAY 14.FEB.2016 – TALLAGHT TRACK

<u>11 am</u>	U/18	Boys	400m Heats
	U/19	Boys	400m Heats
	U/18	Girls	400m Heats
	U/19	Girls	400m Heats

<u>11.30am</u>	U/10	Girls	4 X 100m Heats
	U/10	Boys	4 X 100m Heats
	U/12	Girls	4 X 100m Heats
	U/12	Boys	4 X 100m Heats
	U/14	Girls	4 X 200m Heats
	U/14	Boys	4 X 200m Heats
	U/16	Girls	4 X 200m Heats
	U/16	Boys	4 X 200m Heats
	U/18	Girls	4 X 200m Heats
	U/18	Boys	4 X 200m Heats

12.30 pm **Finals U10/12/14 relays in age order followed by Finals of 400m**

U/11	Girls	4 X 100m Heats
U/11	Boys	4 X 100m Heats
U/13	Girls	4 X 100m Heats
U/13	Boys	4 X 100m Heats
U/15	Girls	4 X 200m Heats
U/15	Boys	4 X 200m Heats
U/17	Girls	4 X 200m Heats
U/17	Boys	4 X 200m Heats
U/19	Girls	4 X 200m Heats
U/19	Boys	4 X 200m Heats

Finals of U11 and 13 relays in age order

Finals will be run where there are 8 or less. Where there are two heats of more than 10 teams, the first 4 will qualify from each in the U10 & 11's only, in all other age groups the first 3 from each plus the two fastest losers will qualify for a final as these are qualifiers for Nationals. Where there are three heats, the first two from each and two fastest will qualify for the final. If there are more than 3 heats the qualification criteria will be altered accordingly.

All Times are approximate

DUBLIN COUNTY ATHLETIC BOARD
Indoor JUVENILE Championships – DAY FOUR
SATURDAY 20.FEB.2016 – SANTRY STADIUM

<u>10:00am</u>	U/9	Girls	60m		
	U/9	Boys	60m		
	U/10	Girls	60m		
	U/10	Boys	60m		
	U/11	Girls	60m		
	U/11	Boys	60m		
	Quarter/Semi finals (possibly outdoors) if required, followed by Finals Indoors of above				
	U/12	Girls	60m		
	U/12	Boys	60m		
	U/13	Girls	60m		
	U/13	Boys	60m		
	Quarter/Semi finals if required (possibly outdoors), followed by Finals Indoors of above				
<u>11.30 am</u>	U/14	Girls	60m		
	U/14	Boys	60m		
	U/15	Girls	60m		
	U/15	Boys	60m		
	U/16	Girls	60m		
	U/16	Boys	60m		
	U/17	Girls	60m		
	U/17	Boys	60m		
	U/18	Girls	60m		
	U/18	Boys	60m		
	U/19	Girls	60m		
	U/19	Boys	60m		
	Quarter/Semi finals if required (possibly outdoors), followed by Finals of above Indoors				
<u>2.00pm</u>	U/13	Girls	60m Hurdles Heats	76.2cm	2' 3"
	U/13	Boys	60m Hurdles Heats	76.2cm	2' 3"
	U/14	Girls	60m Hurdles Heats	76.2cm	2' 3"
	U/14	Boys	60m Hurdles Heats	76.2cm	2' 6"
	U/15	Girls	60m Hurdles Heats	76.2cm	2' 6"
	U/16	Girls	60m Hurdles Heats	76.2cm	2' 6"
	U/17	Girls	60m Hurdles Heats	76.2cm	2' 6"
	U/18	Girls	60m Hurdles Heats	76.2cm	2' 6"
	U/19	Girls	60m Hurdles Heats	84.0cm	2' 9"
	U/15	Boys	60m Hurdles Heats	84.0cm	2' 9"
	U/16	Boys	60m Hurdles Heats	84.0cm	2' 9"
	U/17	Boys	60m Hurdles Heats	91.4cm	3' 0"
	U/18	Boys	60m Hurdles Heats	91.4cm	3' 0"
	U/19	Boys	60m Hurdles Heats	99.0cm	3' 3"

Quarter/Semi finals if required, followed by finals of above. All Times are approximate, events could be earlier or later than scheduled. Athletes should be there at least 1hr in advance of their competition. Only athletes COMPETING, their parents and officials permitted indoors for safety.