

DUBLIN JUVENILE TRACK & FIELD FIXTURES 2016

U10-U16 TRACK & FIELD LEAGUES:

Competition	Day	Date	Venue	Time	Program
League 1	Sat	16 April	Irishtown Stadium	10:30am	Page 3
League 2	Sat	30 April	Morton Stadium, Santry	10:30am	Page 4
League 3	Sun	08 May	Tallaght Athletic Club	10:30am	Page 5
League 4	Sat	21 May	Morton Stadium, Santry	10:30am	Page 6

U19/U10/U11 TEAM/PAIRS CHAMPIONSHIPS:

Competition	Day	Date	Venue	Time
U9/10/11 Team Championships	Sat	28 May	Irishtown Stadium	10:00am

DUBLIN JUVENILE T&F CHAMPIONSHIPS:

Competition	Day	Date	Venue	Time
Day 1	Fri	03 June	Morton Stadium, Santry	06:30pm
Day 2	Sun	05 June	Tallaght Athletic Club	11:00am
Day 3 Uneven Relays	Fri	10 June	Morton Stadium, Santry	06:30pm
Day 4	Sat	11 June	Irishtown Stadium	10:30am
Day 5 Even Relays	Fri	17 June	Tallaght Athletic Club	07:00pm

NATIONAL JUVENILE TRACK & FIELD CHAMPIONSHIPS – ALL TULLAMORE:

Day	Date	Competition
Sat	02 July	National Children's Games & Inter Club Relays U9, U10 & U11
Sat	09 July	B Championships & Inter Club Relays
Sun	10 July	U12-U19 Track & Field
Sat	23 July	U12-U19 Track & Field
Sun	24 July	U12-U19 Track & Field

2016 AGE GROUP CATEGORIES EXPLAINED:

Born	Age Cat.	Born	Age. Cat.
2008 =	U/9	2002 =	U/15
2007 =	U/10	2001 =	U/16
2006 =	U/11	2000 =	U/17
2005 =	U/12	1999 =	U/18
2004 =	U/13	1998 =	U/19
2003 =	U/14		

DUBLIN ATHLETIC BOARD

Juvenile Track & Field League 2016 – Rules & Regulations

There will be a total of 4 league competitions:

League 1	Sat	16 April	10.30am	Irishtown
League 2	Sat	30 April	10.30am	Morton Stadium, Santry
League 3	Sun	08 May	10.30am	Tallaght
League 4	Sat	21 May	10.30am	Morton Stadium, Santry

- Only athletes aged U10 (Born 2007) to U16 (Born 2001) are eligible to compete
- An athlete **MAY NOT** step up an age in any event **(except U9 born 2008 can step up to U10)**
- **Registration/Entry on the day of competition** - Athletes will be issued with a label/number for the respective age group on payment of €3. One official from each club should pay for and collect the labels/numbers on the day of competition.
- All competing clubs **must** nominate in advance 2 officials to assist on the day of competition
- Athletes may compete in all events listed in their respective age group
- Points will be awarded to the top six in each event as follows:
 - 1st 7 points
 - 2nd 5 points
 - 3rd 4 points
 - 4th 3 points
 - 5th 2 points
 - 6th 1 point
- The top six athletes in each age group with the highest points total accumulated from the 4 league competitions will be awarded trophies.
- All Track events will be decided on times – There will be no heats/quarter or semi-finals
- Field events – 3 throws, jumps per athlete
- **All competing athletes should be currently registered with the AAI for 2016. Checks may be conducted and any athlete not currently registered will be disqualified. Clubs must adhere to this condition, as non-registered athletes are not insured.**
- In the event of contests clashing, officials will show flexibility, ie if a competitor is involved in long jump contest and a track event/other field event is called, he/she will be facilitated to participate in both, but must inform the official(s).
- Parents and supporters are not permitted on the track or infield areas.
- Please cooperate with, abide by and respect the decisions of the voluntary officials and organisers of the competitions.
- **All should help keep the facilities we use clear of rubbish. Please use rubbish bins where they are provided or bring your rubbish with you when leaving!**

The programmes and event orders are subject to change to facilitate the smooth running of the competition.

DUBLIN ATHLETIC BOARD
JUVENILE LEAGUE 1
Saturday 16 April 2016 – Irishtown

<u>10.30am</u>	U/14	Girls	100m	10.45am	<u>Long Jump 2 Pits</u>	
	U/14	Boys	100m	12 noon	U/10	Girls/Boys
	U/15	Girls	100m		U/16	Boys/Girls
	U/15	Boys	100m			
	U/16	Girls	100m			
	U/16	Boys	100m			
<u>11.30am</u>	U/10	Girls	60m		<u>High Jump</u>	
	U/10	Boys	60m	11.00am	U/14	Girls
	U/11	Girls	60m	12 noon	U/14	Boys
	U/11	Boys	60m			
	U/12	Girls	80m			
	U/12	Boys	80m			
	U/13	Girls	80m			
	U/13	Boys	80m			
<u>12.30pm</u>	U/10	Girls	500m	10.45am	<u>Shot Putt</u>	
	U/10	Boys	500m	11.15am	U/12	Girls
	U/11	Girls	600m	11.45 am	U/12	Boys
	U/11	Boys	600m	12.30 pm	U/13	Boys
	U/12	Girls	600m		U/13	Girls
	U/12	Boys	600m			
	U/13	Girls	600m			
	U/13	Boys	600m			
	U/14	Girls	800m			
	U/14	Boys	800m			
	U/15	Girls	800m			
	U/15	Boys	800m			
	U/16	Girls	800m			
	U/16	Boys	800m			
				11.15am	<u>Discus</u>	
				12 noon	U/14 & 15	Boys
					U/14 & 15	Girls
				11.45am	<u>Javelin</u>	
				12.45pm	U15/U16	Boys
					U15/U16	Girls
				10.45am	<u>Turbo Javelin</u>	
					U/11	Girls & Boys

Sprints will be run as heats, semi-finals & finals and 500/600/800m will be decided on times.

- 3 throws/jumps per athlete
- Clubs must nominate 2 officials in advance

Programme & event order subject to change, to facilitate smooth running of competition.

Officials will facilitate competitors if T&F events coincide, however athletes should make sure their names are on the field event list.

Club vests must be worn and athletes MUST BE REGISTERED.

Age sticker/number should be displayed on club vest to compete. A Club official should pay for and collect these, €3 per athlete. Athletes can compete in all events in their age group

DUBLIN ATHLETIC BOARD**JUVENILE LEAGUE 2**Saturday 30th April 2016 – Morton Stadium, Santry

10.30am	<u>On Time</u>			<u>Long Jump (2 pits)</u>	
	U/14	Girls	200m	10:30am	U/12 Girls & Boys
	U/14	Boys	200m	12 noon	U13 Girls & Boys
	U/15	Girls	200m		
	U/15	Boys	200m	<u>High Jump</u>	
	U/16	Girls	200m	10:30am	U/13 Girls
	U/16	Boys	200m	11:30am	U/13 Boys
11.15am	<u>On Time</u>			12:30pm	U/12 Girls
	U/10	Girls	200m	1:30pm	U/12 Boys
	U/10	Boys	200m		
	U/11	Girls	200m	<u>Shot Putt</u>	
	U/11	Boys	200m	10:45am	U/15/16 Girls
	U/12	Girls	200m	11:30am	U/15/16 Boys
	U/12	Boys	200m		
	U/13	Girls	200m		
	U/13	Boys	200m		
12 noon	<u>On Time</u>			<u>Javelin</u>	
	U/14	Girls	1000m	12 noon	U/14 Girls
	U/14	Boys	1000m	12:30pm	U/14 Boys
	U/15	Girls	1000m	1:00pm	U/13 Girls
	U/15	Boys	1000m	1:30pm	U/13 Boys
	U/16	Girls	1000m		
	U/16	Boys	1000m	<u>Turbo Javelin</u>	
				11:30am	U/10 Girls
				12:15pm	U/10 Boys
				12 noon	U/11 Girls
				12:45pm	U/11 Boys

- All track events decided on times.
- 3 throws/jumps per athlete
- Clubs must nominate 2 officials in advance

Programme & event order subject to change, to facilitate smooth running of competition. Officials will facilitate competitors if T&F events coincide, however athletes should make sure their names are on the field event list.

Club vests must be worn and athletes MUST BE REGISTERED.

Age sticker/number should be displayed. Club official should pay for these, €3 per athlete. Athletes can compete in all events in their age group

DUBLIN ATHLETIC BOARD**JUVENILE LEAGUE 4****Saturday 21st May 2016 – Morton Stadium, Santry**

Track				Long Jump – 2 Pits			
10:30am	U/13	Girls	60mHurdles	11:00am	U/11	Boys	
	U/13	Boys	60mHurdles		U/11	Girls	
	U/14	Girls	75mHurdles	12:00pm	U/12	Boys	
	U/14	Boys	75mHurdles		U/12	Girls	
	U/15	Girls	80mHurdles				
	U/16	Girls	80mHurdles				
	U/15	Boys	80mHurdles				
	U/16	Boys	100mHurdles				
11:45am	U/10	Girls	60m	11:15am	High Jump		
	U/10	Boys	60m		U/15	Boys	
	U/11	Girls	60m		U/15	Girls	
	U/11	Boys	60m		U/16	Boys	
	U/12	Girls	80m		U/16	Girls	
	U/12	Boys	80m				
	U/13	Girls	80m	11:00am	Shot Putt		
	U/13	Boys	80m		U13/14	Girls/Boys	2Kg
	U/14	Girls	80m				
	U/14	Boys	80m	11:00am	Javelin		
	U/15	Girls	100m		U15/16	Girls	400/500g
	U/15	Boys	100m		U15/16	Boys	500/600g
	U/16	Girls	100m				
	U/16	Boys	100m				
1:15pm	U/10	Girls	300m		Turbo Javelin		
	U/10	Boys	300m	12:30pm	U/10	Girls	
	U/11	Girls	400m		U/10	Boys	
	U/11	Boys	400m	1:45pm	U/12	Girls	
	U/12	Girls	500m		U/12	Boys	
	U/12	Boys	500m				
	U/13	Girls	500m				
	U/13	Boys	500m				
2:00pm	U/14	Girls	1000m				
	U/14	Boys	1000m				
	U/15	Girls	1000m				
	U/15	Boys	1000m				
	U/16	Girls	1000m				
	U/16	Boys	1000m				

U10/11/12 sprints will be run as heats, followed by semi-finals & finals. All other track events will be decided on times. 3 Throws/jumps per athlete. Programme & event order subject to change, to facilitate smooth running of the competition. **Club vests must be worn and athletes MUST BE REGISTERED.** Age sticker/number should be displayed. Club official should pay for these, €3 per athlete. Athletes can compete in all events in their age group