



Due to the increased demand for places, we have introduced a waiting list for new juvenile members. Please email [info@blackrockac.ie](mailto:info@blackrockac.ie) for further details on juvenile memberships / waiting lists. **All free trials are suspended at this time.**

Blackrock A.C. (Juvenile Section) is intended for athletes aged 8 to 18. We also have "**Academy**" training for 7 & 8 year olds which is run by the parents of that age group (for 2017, Academy includes athletes born 2009/2010). At the start of each year it is useful for new & existing members to note our Club Rules :

1. **Membership Year:** The membership year runs from **Jan 1st to Dec 31st**. The annual membership fee is inclusive of Athletics Ireland (AAI) Registration fees. Please see the club website for a list of membership fees;
  2. **Registered Athletes:** Only registered athletes are allowed to **attend training sessions and compete for the Club**. To avoid refusal please register your child without delay;
  3. **Club Singlet:** Under Athletics Ireland rules anyone competing for the club must wear a **club singlet - available from the clubhouse for €25**. There are other items of Club clothing available but these are not a requirement;
  4. **Photos:** Photos may be taken during sports related events and may be used in the promotion of the sport;
  5. **Supervision:** Parents of athletes who are **10 years and under MUST BE PRESENT** at all times during any training session their children attend (other parents are also welcome);
  6. **Water Bottles:** All athletes should bring their own water to training - **no fizzy/high energy drinks** allowed. Please ensure their name(s) are clearly marked on any clothing, jackets, tracksuits and water bottles etc.;
  7. **High Viz Vests:** For safety reasons the wearing of **HIGH VIZ VESTS** is **MANDATORY** at night/winter training sessions. **Without it you will not be allowed to train** (available from the club or you can purchase your own);
  8. **Arrivals:** In an effort to keep to our training times we would appreciate if all athletes could be at the clubhouse **10 mins in advance of the starting times**;
  9. **2016/17 Winter Training Times:**
    - A. **Academy (7 Year Olds; Born 2009/2010):** Academy Training Sundays Only in Carysfort Park 10:30am to 11:30am.
    - B. **Athletes Born 2005 to 2008:** Thursdays in St. Andrews College from 7-8pm and Sundays in Carysfort Park from 10:30am to 11:30am.
    - C. **Athletes Born 2004 & Older:** Thursdays in St. Benildus College from 7-8pm and Sundays in Carysfort Park at the later time of 10:30am to 11:30am.
- At the end of March training on Thursdays will revert to Carysfort Park (Group B from 6:30-7:30pm and Group C from 7:15-8:15pm). Note training times/venues are a guide only and are subject to change during the year.
10. **Collections:** We would ask that all parents ensure they arrive in advance of these times to facilitate collections. Depending on the weather **training may be cut short** and you will need to collect your children early on those days. **All collections are from the clubhouse** and not from a waiting car on the roadside;
  11. **Code of Conduct:** The Code is there to make sure all the children are safe, enjoy the training sessions and to learn respect for all athletes and coaches. For any children who are not behaving in line with Blackrock A.C.'s rules, we have the following processes in place. **First incident:** Verbal warning (this will not be the first issue but will most likely take place after a number of transgressions); **Second incident:** Take down name and send to Children's Officer(s) with details who will give a second warning; **Further incidents:** To be followed up with the children's parents by the Children's Officer(s) and the child may have their membership suspended or revoked;
  12. **Dogs:** Please if you are going to bring your dog down to training you must ensure that they are **on a lead at all times and remain off the training areas** during sessions;

Please note that the the above "**Juvenile Club Rules**" should be read in conjunction with the "**Code of Practice for Parents & Young Athletes**" (clubhouse hard copy or see club website [www.blackrockac.ie/code-of-ethics/](http://www.blackrockac.ie/code-of-ethics/)) with your child/children.

We hope you have a long association with the Club and that it will be the forum for making many new friends. **The Committee, Blackrock A.C. (Juvenile Section)**