

Blackrock Athletic Club Juvenile Section.
Code of Conduct for Young Athletes

Young athletes are entitled to:

- Be listened to and believed.
- Be safe and feel safe.
- Be treated with dignity, sensitivity and respect.
- Have a voice in the club.
- Participate in activities on an equal basis appropriate to their age and development
- Be happy, have fun and enjoy sport.
- Experience competition at a level at which they feel comfortable.
- Make complaints and have them dealt with through appropriate procedures.
- Get help against bullies.
- Say no.
- To protect their own bodies.
- Confidentiality.

Young athletes should always:

- Play fairly, do their best and have fun.
- Respect their coaches, officials and volunteers and accept decisions made.
- Respect their team members at all times, even when things go wrong.
- Respect opponents and be modest in victory and gracious in defeat.
- Arrive at training on time and ready to participate.
- Take responsibility for their own belongings and take them home after training.
- Listen to and obey the coaches' instructions during training sessions.
- Wear the club singlet during competitions.
- Wear bright clothing and a reflective strip at the winter evening sessions.
- Abide by the rules set down by coaches when travelling to and during competitions.
- Use a buddy system when going to the bathroom or using changing facilities.
- Behave in a manner that will not bring the club or sport into disrepute.
- Talk to the children's officers or any coaches if they have any concerns

Young athletes should not:

- Cheat.
- Use violence or physical contact that is not allowed in the rules.
- Shout or argue with coaches, officials, team mates or opponents.
- Harm team members, opponents or their property.
- Bully or use bullying tactics to isolate another child or gain an advantage.
- Keep secrets, especially if they have been caused harm.
- Take banned substances to improve performance.
- Train if injured.
- Use email, text or social media to communicate directly with a coach.
- Tell lies or spread rumours about adults or other young people in the club.